

Your New Removable Appliance

Congratulations!

As part of the first phase of your orthodontic care, the wear of a removable appliance is required. The purpose of this appliance is to correct abnormal jaw development.

We call this particular appliance a _____

Its specific purpose: _____

Appliance Wear

Starting today, you need to wear your appliance _____ hours per day.

As time progresses, we may change amount of wear required.

You may remove your appliance for eating, brushing your teeth and for organized sporting activities. Insert and remove it carefully; don't bite it into place as this will ruin its fit.

DON'T LOSE IT! An appliance is very expensive to replace.

DON'T WRAP IT in a napkin or tissue! It WILL get thrown out.

DON'T LEAVE IT where small children or pets may get it.

DON'T PLAY WITH IT by flicking it out with your tongue; this will distort it.

DON'T PUT IT IN your pocket or backpack without a case; it will get crushed.

DO keep it in its case in a safe place when not being worn.

DO brush it with your toothbrush and some toothpaste whenever you brush your teeth; this will keep it fresh and clean

Problems? Call our office and we will advise you accordingly. **DO NOT WAIT** until your next scheduled appointment. Don't just stop wearing it! You can guarantee that it won't fit ever again and will need to be replaced.